

Pregnancy Resource Center

of Fort Bend County

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ABOUT PRC

Pregnancy Resource Center of Fort Bend County (PRC) is a non-profit 501 (c)(3) organization located in Rosenberg. PRC is dedicated to girls and women faced with an unplanned or a crisis pregnancy. It is our goal to offer the information, emotional support, encouragement, and practical help that will empower them to choose life for their child and sexual integrity for themselves.

HISTORY

*"What if our daughters got pregnant and didn't feel that they could come to us?
Where would they go?"*

Dolores Wolff and her friends knew that a young woman facing an unplanned pregnancy has a critical decision to make – a decision with a lasting impact on her life as well as the life of her baby. In October of 1981, Birthright of Rosenberg/Richmond was incorporated as a non-profit corporation in the state of Texas and chartered as an affiliate of Birthright International. The three charter members were Rosalie Byrd, Iris Hrcir, and Dolores Wolff.

In its first year, Birthright of Rosenberg/Richmond served 37 women. The following year there were 136 office visits and 80 pregnancy tests. In 2005-06 there were 921 clients served and 804 new pregnancy tests performed. Out of this group 160 women were considering abortion.

In 1998, there was a separation from Birthright International and a new affiliation began with Heartbeat International, a non-profit organization that supports pregnancy centers. Thus, the name changed to *"Pregnancy Resource Center of Fort Bend County"* (PRC).

PRC began with ten volunteers and continued as an all-volunteer organization for 20 years. Marie McCoy was instrumental in leading the center for over 15 years holding numerous positions. In 2001 PRC hired its first paid employee, Cynthia Shuey as the Client Services Director. Since hiring our first paid employee, PRC has had the ability to add four support staff positions.

In addition to the Pregnancy Test Peer Counseling, PRC added the Learn Earn Plan program and the Sexual Integrity Program. The physical location in Rosenberg grew from 1,200 to 3,600 square feet. In the early 80's the initial annual budget was approximately \$3,000. In the fiscal year ending in 2008, PRC's annual income was \$282,879. In June of 2007 a second location was opened in Sugar Land through the generosity and support of businesses, individuals and organizations.

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SERVICES

PRC services are provided by trained Peer Counselors that care for each individual woman and her unique situation. The services are also provided in confidentiality, without judgment and free of charge. They are available to any woman regardless of personal circumstance, age, national origin, income, marital status or religious affiliation. An unplanned or a crisis pregnancy does not necessitate the making of an uninformed or impulsive decision.

Pregnancy Test

PRC offers pregnancy tests and retests at no charge.

Information

Exploring the options available will enable women to make a decision based on knowledge rather than on fear or pressure. Trained Peer Counselors provide information on the following subjects:

Fetal Development

Facts regarding the developmental stages of human life from conception to birth.

Abortion Procedures, Risks and Alternatives

PRC does not offer abortions or make abortion referrals but offers valuable facts and figures on the risks, techniques and consequences of abortion.

Adoption Planning

PRC gives referrals to agencies that help women make adoption plans based on each situation and circumstance.

Sexually Transmitted Diseases (STD's)

It is imperative that the client is aware of the reality associated with STD's and the importance of STD testing; PRC provides information to help women know the facts and make informed decisions.

Sexual Integrity

Peer Counselors offer relationship counseling to negative test clients to empower them to choose sexual integrity in their lives. It is a message of sexual wholeness and purity.

Support and Encouragement

The Peer Counselors are trained and prepared to handle crisis management. The main goal is to calm the client's anxiety, help her sort out feelings, and give her the necessary information and resources to make future plans.

Parenting Classes

The Learn/Earn/Plan (LEP) program is primarily an educational program for expectant mothers and parents. The concept is to reward participants with "Mommy Money" which can be exchanged for items at the Mommy Store. This process instills confidence, pride and responsibility as well as practical preparation for parenting.

Mommy Store

We make clothing and furnishings available for mother and baby as part of the Learn/Earn/Plan Program.

Sexual Integrity Education

This course is offered by trained peer counselors and is available to individuals or groups. Sexual integrity focuses on more than just abstinence; it encompasses emotional, physical, social, intellectual and spiritual wholeness.

Abortion Recovery Counseling and Support

Many women experience strong negative emotions after abortion. Sometimes this occurs within days and sometimes it happens after many years. PRC offers referral information for Abortion Recovery Counseling and Support.

Referrals to Community Resources

PRC provides referral information to assist the client with legal, medical, financial and housing needs. These referrals are verified and updated annually.

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VOLUNTEER OPPORTUNITIES

Opportunities are available for adults, students, businesses and organizations. Volunteers are provided with training that is appropriate for each position.

Working with Clients

These volunteers present accepting, non-judgmental and respectful attitudes to the clients.

Pregnancy Test Peer Counselors interview clients, conduct pregnancy tests and are particularly prepared to counsel against abortion. If follow-up is needed and allowed, the volunteer continues contact with the client.

Learn Earn Plan (LEP) Mommy Store Volunteers help sort and label items; help clients shop or care for the children of clients while they are shopping.

LEP Teachers give weekly instruction in classes for the incentive program. Subjects include childbirth, self esteem, budgeting, etc. to help clients prepare to be good parents.

LEP Child Care are needed for times that the classes are offered and for times when the store is open.

LEP Mentor will meet with clients as needed on a regular basis. In this relationship they will offer wisdom, support and encouragement.

Diaper Diva is someone who organizes a group of friends, co-workers or church members in the collection of diapers (size 2, 3, 4, and 5), diaper wipes, and items that help a mother care for her infant. These drives can be one time events or ongoing.

Front Desk Receptionist will greet clients, perform clerical duties, answer incoming phone calls and give information for general office questions (all client related inquiries are forwarded to trained Pregnancy Test Peer Counselors).

No Client Contact

These volunteers are flexible according to the interests and limitations of the individual.

Clerical Help Volunteers help with the daily running of the centers by making copies and assisting in administrative type projects.

PRC Church Liaisons keep each church in contact with PRC, arrange for announcements, recruit support and advocate for PRC in the church.

Housekeeper(s) will vacuum, dust, clean bathrooms and empty trash at both locations.

Handyman will be on call for minor maintenance jobs in both locations.

Fundraising Committee works on fundraisers to benefit PRC.

Public Relations Representatives make personal contact with doctors, pastors, school counselors and school nurses to promote PRC services. They also place business cards and brochures in public locations and man booths representing PRC at health fairs, conventions and other events.

Board Members are a diverse group from the community with valuable experience and wisdom. They are the central entity that is legally and morally responsible for the organization.

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Student Volunteers

Student volunteers bring energy and enthusiasm to PRC. They are the future adult volunteers of the community, and it is important they have a vested interest in helping those around them in need. The student(s) or student groups can participate in the following ways:

Fundraisers

The student(s) or student groups can organize fundraisers for the center. They will complete the planning, promoting and gathering of either Mommy Store items or funds to secure a specific item for PRC.

PRC In-Office Assistance

Students can assist in general maintenance and housekeeping of the office, coin rolling, filing and organizing.

Mommy Store Assistance

Sorting, organizing and labeling donated items for the store in the Rosenberg location.

Childcare

Watching the children of the attendees while they are in LEP classes.

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FINANCIAL DONATIONS

PRC is funded primarily through the donations of individuals, businesses and organizations in Fort Bend County. The contributions cover the costs of operating and managing the Rosenberg and Sugar Land locations. All donations are tax deductible and accepted by check, cash, money order or credit card. Online donations are accepted at www.prcfortbend.org or www.networkforgood.org.

IN-KIND DONATIONS

The Mommy Store makes clothing and furnishings for Mother and Baby available as part of the Learn/Earn/Plan Program. Items are accepted throughout the year and include diapers, maternity clothing, cribs, car-seats, baby clothing and baby furniture. Large and small items are accepted at the Rosenberg location and small items at the Sugar Land location. These donations allow PRC to provide physical support to women and their babies.

CONTACT INFORMATION

4203 Ave. H, Ste. 16
Rosenberg, TX 77471
281.232.2375
Fax: 281.232.0458

Hours of Operation:

Monday, Wednesday and Friday 10am – 1pm
Tuesday 9am – 4pm
Thursday 9am – 4pm and 7-9pm

Email: prcfortbend@sbcglobal.net
Donor Website: www.prcfortbend.org
Client Website: www.fortbendpregnancy.com

After hours: 800.395.HELP(4357)

Executive Director

Tracie Shellhouse
tracie1prc@sbcglobal.net

Board Members

Tony Adornetto
Angie Borges
Jerry Borges
Erik Garcia
Marie McCoy
Michael Spiech
Donna Wieghard